

20 OCTOBER 2023

# CURRENT AFFAIRS



**SANKALP INSTITUTE**

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## “IMPORTANT DAY”

### International Chef’s Day 2023 Celebrates On 20th October

Every year, on October 20th, International Chefs Day is celebrated worldwide, paying tribute to the art and science of cooking. This day, introduced by the late chef Dr. Bill Gallagher in 2004, serves as a platform to honor the contributions of chefs across the globe. This article explores the history, significance, and theme of International Chefs Day, emphasizing the importance of culinary expertise and a commitment to passing it on to the next generation.

### **International Chefs Day: Theme 2023**

#### **‘Growing A Healthy Future’**

According to the World Chefs official website, the theme for this year’s International Chefs Day celebration is ‘Growing A Healthy Future.’ This theme underscores the importance of ensuring a healthy and sustainable planet for future generations through culinary practices.

### World Osteoporosis Day 2023 Observed On 20th October

Every year, on October 20th, the world observes World Osteoporosis Day to shed light on the prevention, diagnosis, and treatment of osteoporosis. This bone disorder affects millions worldwide, making it a critical global public health concern. This article delves into the history, significance, and theme of World Osteoporosis Day, emphasizing the importance of understanding and addressing this prevalent condition. This specific date serves as a focal point for various organizations and individuals to unite and amplify their efforts in raising awareness about osteoporosis and advocating for its early detection and effective management.

## **World Osteoporosis Day Theme 2023**

“Step Up for Bone Health – Build Better Bones” serves as the central theme for World Osteoporosis Day in 2023. This theme underscores the importance of taking proactive steps to improve bone health and prevent osteoporosis. It encourages individuals to educate themselves about the disease and its prevention.

### **“SCIENCE”**

#### **NASA has launched a spacecraft called ‘Psyche’**

NASA has launched a spacecraft called ‘Psyche’ on a six-year mission to study a unique metal-rich asteroid also named ‘Psyche.’ It is the largest of the several metal-rich asteroids known in our solar system and is believed by scientists to be the remnant core of an ancient protoplanet, offering clues about Earth’s formation. This asteroid orbits the Sun between Mars and Jupiter. The primary goal of the Psyche mission is to explore the iron core, a previously unexplored aspect of the planet. The Psyche probe, folded inside the cargo bay of a SpaceX Falcon Heavy rocket, blasted off under partly cloudy skies from NASA’s Kennedy Space Center in Cape Canaveral on a planned journey 2.2 billion miles (3.5 billion km) through space.

### **“DEFENCE”**

#### **Indian Army Clinched Gold Medal In 2023 Cambrian Patrol Military Exercise Held In UK**

The Indian Army showcased its exceptional military prowess on the international stage by securing a gold medal at the prestigious Cambrian Patrol Competition in 2023. The event, held in Wales, UK, witnessed the participation of an elite team from the 3/5 Gorkha Rifles (Frontier Force), marking a significant achievement for the Indian Army. The Cambrian Patrol Competition 2023 is renowned as a grueling test of endurance and teamwork, often referred to as the “Olympics of Military Patrolling.”

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## “APPOINTMENT”

### Puma ropes in Mohammed Shami as its brand ambassador

Sports brand Puma has roped in Indian fast bowler Mohammed Shami as its brand ambassador. Shami joins Puma’s roster, which includes top names from the world of sports, including batting icon Virat Kohli, sprinter Usain Bolt, footballers Neymar Jr and Sunil Chhetri, boxer MC Mary Kom, cricketers Harmanpreet Kaur and Harleen Deol, and para-shooter Avani Lekhara. Under this partnership, the Indian pacer will endorse Puma’s footwear, apparel, and accessories through multiple activities and campaigns throughout the year. The brand has also launched a new bowling spike with a mid-sole meant for runners, to support fast bowlers.

### Christopher Luxon elected as the Prime Minister of New Zealand

Christopher Luxon has been elected as the 42nd Prime Minister of New Zealand. He spent 7 years as chief executive of Air New Zealand and was hailed a likely future leader upon entering politics in 2019. National hoped he could repeat the “glory days” under John Key, a former Merrill Lynch broker who won three elections for the party and served as PM from 2008 to 2016.

## “NATIONAL & INTERNATIONAL NEWS”

### IMD Issues Alert For Cyclone Tej To Mumbai

The Indian Meteorological Department (IMD) has issued a cautionary notice regarding a potential cyclonic storm forming in the Arabian Sea. This impending weather event, likely to be named ‘Cyclone Tej’, has the potential to impact Mumbai, Pune, and other regions of Maharashtra and the Konkan area.

## **India Is Set To Become 4th largest Spender In Global Travel By 2030**

India's tourism industry is experiencing an unprecedented boom, especially in the wake of the global pandemic and the country is poised to become the fourth-largest global spender in the travel sector by 2030, with total expenditures estimated to soar to a staggering \$410 billion. This represents a massive 173 percent increase compared to pre-Covid times in 2019 when Indian travellers spent a total of \$150 billion, ranking India as the sixth-largest global spender.

## **Arunachal Cabinet approves formation of Special Tiger Protection Force For 3 Tiger Reserves**

The Arunachal Pradesh State Cabinet gave the green light to a host of transformative measures aimed at safeguarding the state's biodiversity and promoting the preservation of indigenous languages. Among the notable decisions were the establishment of a Special Tiger Protection Force (STPF) for three tiger reserves, the allocation of honorariums to third language teachers, the amendment of the state's industrial and investment policy, and the formulation of the Arunachal Pradesh Home Guard Rules for 2023.

## **RBI Governor Shaktikanta Das received the Award for being ranked 'A+**

Reserve Bank of India (RBI) Governor Shaktikanta Das has been awarded for being ranked 'A+' in the Global Finance Central Banker Report Cards 2023 at Morocco's Marakesh. The Global Finance Annual Central Banker Report Cards recognize those central bank governors whose strategies outperformed their peers through originality, creativity, and tenacity. Apart from Das, Switzerland's Thomas J Jordan and Vietnam's Nguyen Thi Hong also received the Award for being ranked 'A+' according to the Central Banker Report Cards.